

HERTFORDSHIRE COUNTY COUNCIL

**HEALTH AND WELLBEING BOARD
Wednesday 13 November at 10am**

SUBJECT: Child and Adolescent Mental Health Services

Report of Jenny Coles, Director of Children's Safeguarding & Specialist Services

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1. Purpose of Report

- 1.1 To provide HWB with an update on current key pieces of work within the commissioning of Child and Adolescent Mental Health Services.

2. Summary

- 2.1 This report provides updates on the following areas of work:

- Emotional Wellbeing and Mental Health Strategy 2013 – 16 covering:
 - Developing Child and Adolescent Mental Health Services for Children and Young People within Autistic Spectrum Disorder (ASD)
 - TIER 1 universal support services
 - Improved crisis support pathway

3. Recommendation

- 3.1 The Health & Wellbeing Board endorses the proposed multi agency 3 year strategy for the further development of Child and Adolescent Mental Health Services, tiers 1 to 3.

4. Background

- 4.1 From September 2013 CAMHS commissioning is in the process of forming part of the Joint Children and Young People's Commissioning Team. Improving emotional wellbeing and mental health is a Health and Wellbeing Board priority.

4.2 Herts Emotional Wellbeing and Mental Health Strategy

A multi agency Strategy Development Group was established in May 2013 in order to develop a county wide multi-agency strategy for improving the emotional wellbeing and mental health of children and young people in Hertfordshire. Consultation on the draft closed on the 9th of October and feedback is currently being used to finalise the strategy. The final draft went to the CAMHS Strategic Commissioning Group on 25 October for ratification, prior to submission to HWB in November.

The strategy is attached as an Appendix to this report.

4.3 Developing Child and Adolescent Mental Health Services for Children and Young People within the Autistic Spectrum Disorder (ASD)

Following the publication of the Review of CAMHS for children and young people with LD/ASD a business case has been developed to demonstrate the need for additional services in this area to reduce waiting times for interventions.

This will require additional investment from both CCGs and Social Care to build an integrated service model within Children's Services.

4.4 Crisis pathways business case

Herts Valley CCG has highlighted that there has been a significant increase in the numbers of urgent referrals into specialist CAMHS and Accident and Emergency Departments. A business case is therefore in development to address this increased demand and to streamline the pathway to improve outcomes for children and young people.

The intention is to establish a more responsive service which will have capacity to deliver specialist support in primary care and in the community and therefore divert children and young people from inappropriately attending Accident and Emergency. We are also undertaking work to review the current pathway and interventions received in Accident and Emergency through facilitating closer working between the Acute Trusts and HPFT.

4.5 Review of Tier 2 Child and Adolescent Mental Health Services

The review was initiated in May to understand the full range of Tier 2 CAMHS currently available across Hertfordshire and commissioned across health, social care and education. The Review has had feedback from over 250 stakeholders and looks at the best model for the future to inform options for future commissioning. The Review will go to the CAMHS Strategic Commissioning Group in October for consideration. Key themes of the Review include:

- A recognition of the diversity and breadth of current provision

- Identification of the need for better inter-agency working and communication
- A need to improve pathways between the tiers, and promote consistent application of eligibility criteria across services
- An acknowledgement that currently commissioned services across health, education and social care do not provide capacity to meet the need identified through prevalence data.